



SEPTEMBER 2023 – ELEMENTARY SCHOOL MENU

BREAKFAST MENU



MEAL PRICING	BREAKFAST	LUNCH
FULL PAY/ REDUCED	\$1.10/\$0**	\$1.95/\$0**
EMPLOYEE	\$2.75	\$4.00
VISITOR	\$3.50	\$4.50

**Households that qualify for reduced-price meals will not be required to pay the reduced price of \$0.30 for breakfast and \$0.40 for lunch during the SY23-24 school year. Funding from GA Dept of Education will be used to cover these costs during SY23-24.

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of Sept 4	No School	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts	Choice 1: Breakfast Bun or Apple Cinnamon Toast Choice 2: Cereal	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts	Choice 1: Pastry Variety: Donut Holes or Mini Donuts Choice 2: Cereal
Week of Sept 11	Choice 1: Mini Day! Mini Pancakes, Mini Waffles and/or Mini French Toast Choice 2: Cereal	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts	Choice 1: Egg, Sausage, and Cheese Breakfast Pocket + Crackers Choice 2: Cereal	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts	Choice 1: Cinnamon Roll or Concha Sweet Bread Choice 2: Cereal
Week of Sept 18	Choice 1: Mini Day Choice 2: Cereal	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts	Choice 1: Muffin Choice 2: Cereal	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts	Choice 1: Pastry Variety: Breakfast Bun, Apple Cinnamon Toast Choice 2: Cereal
Week of Sept 25	Choice 1: Frudel, Cinni Mini, or Mini Stuffed Bagels Choice 2: Cereal Bar	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts	Choice 1: Breakfast Bun or Apple Cinnamon Toast Choice 2: Cereal	Choice 1: Chicken and/or Sausage Biscuit Choice 2: Poptarts	Choice 1: Pastry Variety: Donut Holes or Mini Donuts Choice 2: Cereal

*Menu subject to change based on product availability and/or change in school schedule. Breakfast item offerings may vary by school.



Meal Pay
Website

Harvest of the Month: Apples

- Apples are 25% air, which is why they float in water
- The crabapple is the only apple native to North America
- The top apple producing state in the US is Washington



Daily Breakfast Offerings

Fruit Sides
Choice of Milk



Free/Reduced
Application

This institution is an equal opportunity provider.



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LUNCH MENU

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of Sept 4	No School	Choice 1: Beef Tacos Choice 2: Hot Dog Manager Choice Cracker Corn Cucumber Dipper	Choice 1: Chicken Tenders Choice 2: Pizza Kit Roll Mashed Potatoes Green Beans	Choice 1: Chicken Sandwich Choice 2: Fish Nuggets Mac n' Cheese Peas Carrot Dipper	Choice 1: Pizza Choice 2: Mandarin Orange Chicken + Rice Cookie Sweet Potato Steamed Broccoli
Week of Sept 11	Choice 1: Mozzarella Bread Bites Choice 2: Corndog Fries Side Salad	Choice 1: Beef Tacos Choice 2: Grilled Cheese Mexican Rice Corn Black or Pinto Beans	Choice 1: Chicken Tenders Choice 2: Chicken Alfredo Garlic Toast Green Beans Carrot Dipper	Choice 1: French Toast + Sausage Choice 2: Cereal + Cheese Stick Steamed or Glazed Carrots Celery Dipper	Choice 1: Pizza Choice 2: Smoky Rib Sandwich Corn Sweet Potato
Week of Sept 18	Choice 1: Chicken Sandwich Choice 2: Turkey + Cheese Kit Manager Choice Cracker Fries Cucumber Dipper	Choice 1: Cheeseburger Choice 2: Spaghetti + Garlic Toast Tater Tots Carrot Dipper	Choice 1: Cheesy Nachos Choice 2: Chicken + Rice Casserole Cookie Fries Black or Pinto Beans	Choice 1: Chicken Nuggets or Bites Choice 2: Country Fried Steak Rice Mashed Potatoes Green Beans	Choice 1: Pizza Choice 2: Hot Ham + Cheese Sandwich Sweet Potato Side Salad
Week of Sept 25	Choice 1: Cheeseburger Choice 2: Mac n' Cheese Fries Baked Beans	National Hispanic Heritage Month Menu Choice 1: Hot Dog Choice 2: Tamales Mexican Rice Corn Cucumber Dipper	Choice 1: Chicken Tenders Choice 2: Pizza Kit Roll Mashed Potatoes Green Beans	Choice 1: Chicken Sandwich Choice 2: Fish Nuggets MC Cracker Peas Carrot Dipper	Choice 1: Pizza Choice 2: Mandarin Orange Chicken + Rice Cookie Sweet Potato Steamed Broccoli

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**Meal Pay
Website**



National Hispanic Heritage Month: September 15- October 15

Tamales return to the menu on September 26!
- Conchas are a new item on the breakfast menu on September 15. Conchas are a Mexican sweet bread that get their name from their seashell appearance.

Daily Lunch Offerings

PBJ Uncrustable +
Grain Chip: M, W, F
Entrée Salad + Cracker: T, Th
Fruit Side
Choice of Milk



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