



# October 2022 - Elementary School Breakfast Menu

MEAL PRICING	BREAKFAST	LUNCH
FULL PAY/ REDUCED	\$1.10/\$0.30	\$1.95/\$0.40
EMPLOYEE	\$2.25	\$3.50
VISITOR	\$2.75	\$4.00

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week of Oct 3 + Oct 31</b>	<b>Choice 1:</b> Mini Day! Mini Pancakes, Mini Waffles and/or Mini French Toast <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Frudel and/or Cinni Mini <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Pastry Variety: Breakfast Bun, Donuts <b>Choice 2:</b> Cereal
<b>Week of Oct 10</b>	NO SCHOOL 	NO SCHOOL 	<b>Choice 1:</b> Poptarts <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Pastry Variety <b>Choice 2:</b> Cereal
<b>Week of Oct 17</b>	<b>Choice 1:</b> Mini Day <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Frudel and/or Cinni Mini <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Pastry Variety: Breakfast Bun, Donuts <b>Choice 2:</b> Cereal
<b>Week of Oct 24</b>	<b>Choice 1:</b> Mini Day <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Poptarts <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Chicken and/or Sausage Biscuit <b>Choice 2:</b> Cereal	<b>Choice 1:</b> Pastry Variety <b>Choice 2:</b> Cereal

\*Menu subject to change based on product availability and/or change in school schedule. Breakfast item offerings may vary by school.



**Meal Pay  
Website**

**Harvest of the Month: Winter Squash**  
Be sure to try Roasted Brown Sugar Butternut Squash this month!  
**National School Lunch Week: Oct. 10-14!**  
The theme is Peace, Love, and School Lunch! Try our "Tie Dye" Applesauce and "Groovy" Confetti Cookies!  
**Halloween: Oct. 31**  
Watch out for spooky bat-shaped chicken nuggets

**Daily Breakfast Offerings**  
Fresh Cut Fruit and/or  
Chilled Fruit and/or  
100% Fruit Juice  
Choice of Milk



**Free/Reduced  
Application**




This institution is an equal opportunity provider.

# National School Lunch Week Oct 10-14 2022:

## Peace, Love, and School Lunch

### October 2022 -

### Elementary School Lunch Menu

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week of Oct 3 + Oct 31</b>	<b>Oct 3 Choice 1:</b> Mini Calzones <b>Oct 31 Choice 1:</b> Bat-Shaped Chicken Nuggets <b>Choice 2:</b> Hot Dog  Fries Baked Beans	<b>Choice 1:</b> Chicken Sandwich <b>Choice 2:</b> Mac n Cheese  Sweet Potato Fries Cucumber Dipper	<b>Choice 1:</b> Chicken Tenders <b>Choice 2:</b> Pizza Kit Cookie Mashed Potatoes <b>Harvest of the Month:</b> Roasted Brown Sugar Butternut Squash	<b>Choice 1:</b> Mozzarella Bread Bites <b>Choice 2:</b> Chicken + Rice Casserole Mgr Choice Grain Chip or Cracker Peas Carrot Dipper	<b>Choice 1:</b> Pizza <b>Choice 2:</b> Burrito  Corn Steamed Broccoli
<b>Week of Oct 10</b>	NO SCHOOL  	NO SCHOOL  	<b>Choice 1:</b> Chicken Bites or Nuggets <b>Choice 2:</b> Country Fried Steak + Gravy  "Groovy" Confetti Cookie Mashed Potatoes Steamed or Glazed Carrots	<b>Choice 1:</b> Hamburger <b>Choice 2:</b> Turkey + Cheese Kit  Tater Tots Baked Beans	<b>Choice 1:</b> Mozzarella Bread Bites <b>Choice 2:</b> Smoky Rib Sandwich  Fries Side Salad "Tie Dye" Applesauce
<b>Week of Oct 17</b>	<b>Choice 1:</b> Chicken Tenders <b>Choice 2:</b> Lasagna Roll Ups  Garlic Toast Mashed Potatoes Steamed Broccoli	<b>Choice 1:</b> Cheesy Nachos <b>Choice 2:</b> Fish Sandwich  Pinto or Black Beans Carrot Dipper	<b>Choice 1:</b> Hot Dog <b>Choice 2:</b> Manager's Choice  Fries Baked Beans	<b>Choice 1:</b> Chicken Drumstick <b>Choice 2:</b> Cereal + Cheese Stick  Mac n Cheese Green Beans Carrot Dipper	<b>Choice 1:</b> Pizza <b>Choice 2:</b> Mandarin Orange or General Tso Chicken + Rice  Mgr Choice Grain Chip or Cracker Corn Side Salad
<b>Week of Oct 24</b>	<b>Choice 1:</b> Corndog <b>Choice 2:</b> Grilled Cheese  Tater Tots Carrot Dipper	<b>Choice 1:</b> Hamburger <b>Choice 2:</b> Fish Nuggets Mac n' Cheese Sweet Potato Fries or Tots Cucumber Dipper	<b>Choice 1:</b> Cheesy Nachos <b>Choice 2:</b> BBQ Sandwich  Fries Pinto Beans	<b>Choice 1:</b> Chicken Bites or Nuggets <b>Choice 2:</b> Spaghetti  Roll Mashed Potatoes Green Beans	<b>Choice 1:</b> Pizza <b>Choice 2:</b> Chicken Tacos  Corn Side Salad Italian Ice

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**Meal Pay Website**

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